



Name: _____ Date of birth: ____/____/____ Age: _____

Height: _____' _____' Weight: _____lbs. Pharmacy Name/Phone Number: _____

Referring Physician Name: _____

Please describe problem(s) you are here for today: _____

How long have you had the problem? _____

If an injury, where did it occur? ☐ Home ☐ School ☐ Auto ☐ Other _____ Date of Injury: ____/____/____

Where is the majority of your pain? ☐ Leg Pain Rt / Lt / Both ☐ Back { % } Leg { % } Back
☐ Arm Pain Rt / Lt / Both ☐ Neck { % } Arm { % } Neck

Pain Scale (Check One Number): MILD MODERATE SEVERE
☐ None ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

Onset of Pain: ☐ Sudden ☐ Chronic ☐ Gradual Worsening

Duration of Pain: ☐ Occasional ☐ Intermittent ☐ Frequent ☐ Constant

Describe Pain: ☐ Sharp ☐ Aching ☐ Stabbing ☐ Burning ☐ Numbness ☐ Cramping

What makes it feel better? ☐ Bending Forward ☐ Sitting ☐ Standing ☐ Bending Back ☐ Walking ☐ Lying Flat












What makes it feel worse? ☐ Bending Forward ☐ Sitting ☐ Standing ☐ Bending Back ☐ Walking ☐ Lying Flat

Is your pain activity related? ☐ Yes ☐ No Does the pain wake you from your sleep? ☐ Yes ☐ No

What does the pain keep you from doing? _____












What is your level of Back or Neck Pain?

Please circle only **ONE**

0	1	2	3	4	5	6	7	8	9	10
										
No pain	Mild, annoying pain	Nagging, uncomfortable, troublesome pain	Distressing, miserable pain	Intense, dreadful, horrible pain	Worst possible, unbearable, excruciating pain					

What is your level of Leg or Arm Pain?

Please circle only **ONE**

0	1	2	3	4	5	6	7	8	9	10
										
No pain	Mild, annoying pain	Nagging, uncomfortable, troublesome pain	Distressing, miserable pain	Intense, dreadful, horrible pain	Worst possible, unbearable, excruciating pain					

PREVIOUS TREATMENT FOR THIS PROBLEM

Diagnostic Testing (Please list name of facility and date of service):

- ☐ CT _____
☐ MRI _____
☐ EMG _____
☐ X-Ray _____
☐ Other _____

Anti-Inflammatories: ☐ Helpful ☐ Not Helpful Name of Anti-Inflammatory: _____

Injections: ☐ Helpful ☐ Not Helpful Type of Injection(s) and Date of Injection: _____

Physical Therapy: ☐ Helpful ☐ Not Helpful Name of PT Facility and Duration of PT: _____

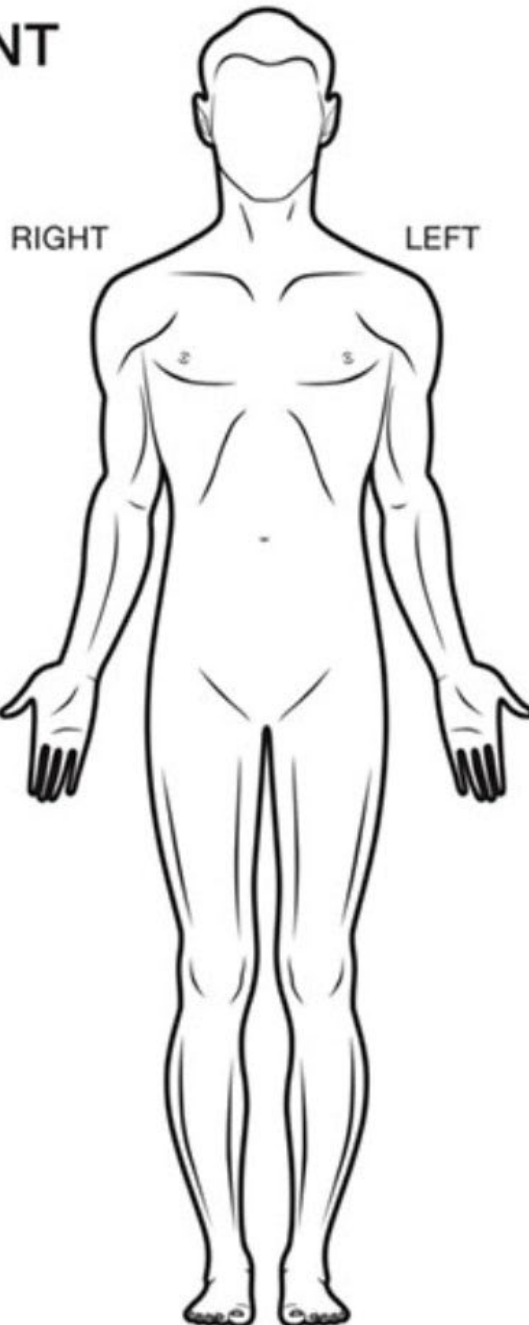
Chiropractics: ☐ Helpful ☐ Not Helpful Name of Facility and Duration of treatment: _____

Other Treatment: _____

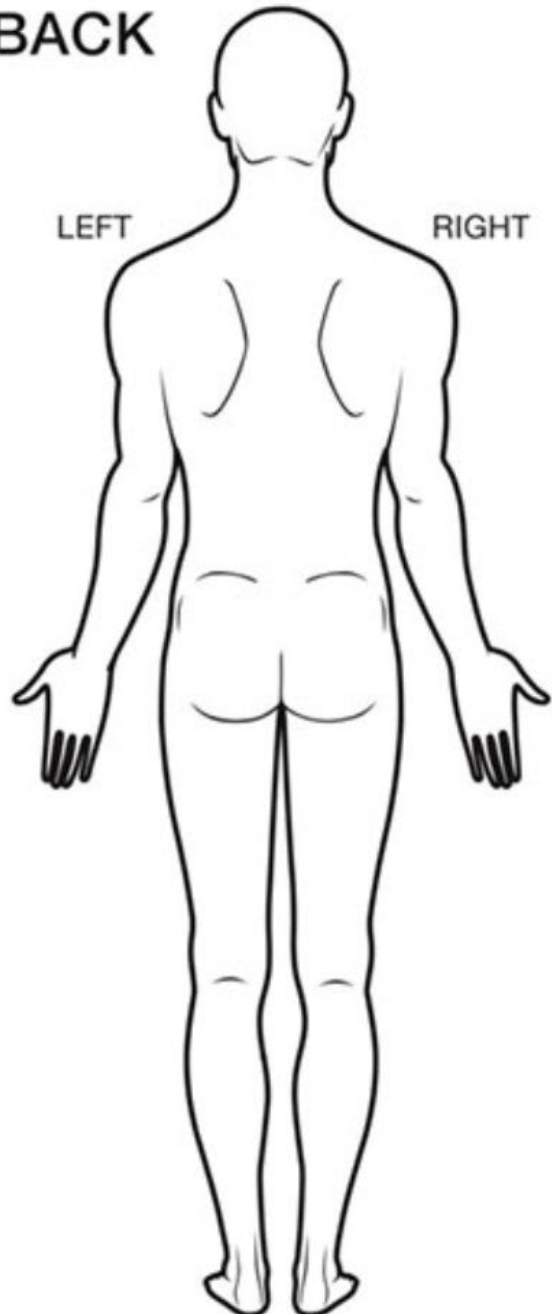
Using these symbols, mark the drawing below to describe the pain that you are having.

Numbness	=====	Aching	^^^^^^^^^^^^^^^^	Pins and Needles	oooooooooooo
Stabbing	////////////////	Burning	xxxxxxxxxxxxxxxx	Cramping	+++++

FRONT



BACK



MEDICAL HISTORY *Check the boxes that correspond to diagnoses you have been given in the past*

ADD/ADHD	Diabetes Mellitus	Inflammatory Bowel Disease
Allergies	Eating Disorder	Liver Disorder
Anemia	Emphysema	Nerve/Muscle Disease
Anxiety	Genitourinary Disease	Obesity
Arthritis	GERD	Osteoporosis
Asthma	Glaucoma	Pneumonia
Bleeding Disorder	Headaches	Seizures
Cancer	Hearing Loss	Skin Disease
Congestive Heart Failure	Heart Disease	Stroke
COPD	Hepatitis	Substance Abuse
Coronary Artery Disease	HIV/AIDS	Thyroid Disease
Dementia	Hyperlipidemia	Ulcers (GI)
Depression	Hypertension	Vision Problems

SURGICAL HISTORY *Check the boxes that correspond to surgeries you have had in the past*

Abdomen Surgery	Eye Surgery	Spine Surgery
Adenoidectomy	Gallbladder Surgery	Stent
Appendectomy	Heart Surgery	Tonsillectomy
Breast Surgery	Hernia Repair	Tubal Ligation
CABG (Bypass Surgery)	Hysterectomy	Upper GI Endoscopy
Colonoscopy	Joint Replacement	Valve Repair
Cosmetic Surgery	Orthopedic Surgery	Weight Loss Surgery
C-Section	Sinus Surgery	

FAMILY HISTORY *Check the boxes that correspond to your family history* ☐ Adopted

	Arthritis	Asthma	Cancer	Depression	Diabetes	Early Death	Heart Disease	High Cholesterol	Hypertension	Stroke
Mother										
Father										
Sister										
Brother										
Grandfather										
Grandmother										

MEDICATIONS *List your medication name, strength and frequency*

Name of Drug	Strength	Frequency	Name of Drug	Strength	Frequency

ALLERGIES ☐ NKDA *List your allergies and reactions*

Medication Allergy	Reaction

SOCIAL HISTORY

Alcohol	Do you drink alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how many drinks per week? ____
Tobacco	Do you use tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No
	<input type="checkbox"/> Cigarettes: ____ packs per day <input type="checkbox"/> Dip: ____ # per day <input type="checkbox"/> E-Cig/Vape
	<input type="checkbox"/> Pipe: ____ # per week <input type="checkbox"/> Cigars: ____ # per week
	How many years have you used tobacco? ____ What year did you quit? ____ <input type="checkbox"/> Currently Smoking
Drugs	Do you currently use recreational or street drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No
	If yes, what kind?

REVIEW OF SYSTEMS *Check the boxes that correspond to any symptoms you are **CURRENTLY** experiencing.*

SKIN	CARDIOVASCULAR	ENDOCRINE
Rash	Heart Attack	Diabetes
Psoriasis	Irregular Heartbeat	Thyroid
EYES	Chest Pain	HEMATO-IMMUNOLOGIC
Vision Loss	Chest Pressure	Bleeding Tendencies
Double Vision	GASTROINTESTINAL	Bruise Easily
EARS	Weight Loss	Recurrent Infections
Decreased Hearing	Weight Gain	PSYCHIATRIC
Ringing in Ears	Abdominal Pain	Depression
NOSE	Liver Disease	Hallucinations
Sinus Problems	Constipation	Anxiety
Breathing Problems	GENITOURINARY	
THROAT	Kidney Stones	
Sore Throat	Bladder Infections	
Hoarseness	Blood in Urine	
Snoring	MUSCULOSKELETAL	
RESPIRATORY	Osteoporosis	
Shortness of Breath	Rheumatoid Arthritis	
Asthma	Gout	
Bronchitis	NEUROLOGICAL	
Pulmonary EMB/DVT	Seizures	
Cough	Headaches	

INJURY ADDENDUM**CIRCUMSTANCES OF INJURY**

Date of Injury: _____

Make and Model of YOUR car: _____

How did the accident happen? (Ran red light, etc.): _____

Make and Model of OTHER car: _____

How fast were YOU moving? _____

How fast was the OTHER car moving? _____

Description of Accident: ☐ Passenger Side ☐ Driver Side ☐ Frontal ☐ Rear

How much did it cost to repair YOUR car? _____

Were you wearing a seatbelt? ☐ Yes ☐ No

Were you: ☐ Driving ☐ Passenger

Comments: _____

PREVIOUS TREATMENT FOR THIS PROBLEM

Have other doctors seen you for this condition? ☐ Yes ☐ No If yes, who? _____

Have you ever had this type of pain before? ☐ Yes ☐ No

Have you ever had back or neck pain before? ☐ Yes ☐ No

Have you ever had an MRI of your back or neck? ☐ Yes ☐ No If yes, at what facility? _____