Dre-Treatment M

## BOTOX, JEUVEAU, DYSPORT & XEOMIN INSTRUCTIONS

- Avoid NSAIDS such as ibuprofen, Aspirin, Aleve, Advil, or Motrin for up to two weeks pre and post injection as they will increase the risk of bruising. Use Tylenol instead for discomfort.
- No alcoholic beverages 24 hours <u>prior</u> to treatment
- Discontinue tretinoin and retinol products two days prior to treatment

Murphy Plastic Surgery & Med Spa (775)322-3446 10401 Double R Boulevard Reno, NV 89521 Post-Treatment

## BOTOX, JEUVEAU, DYSPORT & XEOMIN INSTRUCTIONS

- Stay in vertical position 4 hours following treatment, avoid laying flat or on your face. This can prevent the Botox from moving.
- Do not receive facials, facial laser treatments or microdermabrasion for at least 7-10 days after treatment
- Do not manipulate the treated area for at least three hours following treatment (Such as cleanse, apply makeup, or touch)
- Do not workout or engage in strenuous activity for 24 hours after treatment. This will keep the product in the injected area and prevent it from traveling elsewhere.

• It can take up to 2 weeks for results to be seen,